

Dear Primary Care Provider,

Thank you for partnering with us in ensuring that our patients enjoy a successful and uneventful ambulatory surgery. Any surgery can be a very physically and emotionally stressful experience. Unnecessary testing can add to this stress.

**OBJECTIVE:**

The objective of the preoperative screening process is to optimize the patient's health status, to the maximum extent possible, prior to their surgery.

**EVALUATION:**

Please follow the testing requirements as detailed in "Guidelines for Primary Care Providers Completing the Pre-operative History & Physical (H&P)". The PCP will decide at the time of medical evaluation if additional ancillary tests are necessary in order to determine medical optimization.

**NECESSARY REFFERALS:**

If, during the preoperative examination, a previously stable or well-controlled condition is noted to be worsening, it is expected that the PCP will refer that patient to the appropriate specialist (cardiology, pulmonology, nephrology, etc) for evaluation.

**EXCLUSION CRITERIA:**

**Patients with the following conditions (ASA IV or higher) are NOT candidates for ambulatory surgery at SPSC:**

- Recent (within the last 3 months) MI, CVA, TIA, cardiac stent, cardiac intervention or pending cardiac intervention
- Uncontrolled/refractory to medication HTN (>180/110, while on medication)
- Ongoing cardiac ischemia or severe valve dysfunction (primarily severe aortic stenosis)
- Severe reduction of cardiac ejection fraction (EF< 30%)
- Severe COPD
- Sepsis
- End Stage Renal Disease (ESRD) NOT undergoing regularly scheduled dialysis
- Severe, uncontrolled Diabetes presenting on the day of surgery with finger stick blood glucose of >300mg/dL or HbA1C >12
- Patients whose weight is greater than 350 lbs. must be evaluated by an Anesthesia Care Provider preoperatively.

Note: BMI > 45 must be evaluated and approved by an Anesthesia Care Provider preoperatively

***If you have any questions at all, please do not hesitate to contact us at the phone numbers listed below.***